

# Transition Project



## PSYCHOLOGY



### Understanding Human Behaviour: From Everyday Life to Psychological Science

This transition project is designed to prepare you for AQA A-Level Psychology (Year 1). You will explore key topics and develop the skills needed for success at A-Level

### Activity 1: You Are the Psychologist

Your Task

Choose ONE topic from the list below and investigate it like a psychologist.

- Social Influence
- Memory
- Attachment
- Psychopathology

### What You Need to Do

1. Explain a Key Theory (AO1)

Describe one important theory from your topic.

### Examples:

- Social Influence → Asch or Milgram
- Memory → Multi-Store Model or Working Memory Model
- Attachment → Bowlby's Theory
- Psychopathology → Behavioural Approach to Phobias

2. Apply to Real Life (AO2)

Find a real-life example and explain it using your theory.

You could use:

- News stories
- Social media behaviour
- Personal experiences
- TV documentaries

**If you have any questions or need any support with your transition work, please contact your subject teacher using the email address below.**

**We hope you enjoy the tasks and look forward to welcoming you to Glossopdale Sixth Form in September.**

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### Activity 2: Mini Psychology Investigation

#### Your Task

Design and carry out your own small psychological study.

1. Choose a Research Question - Link it to a topic from Activity 1.

Examples:

- Does music affect memory recall?
- Do people conform in groups?
- Do people remember faces better than names?

2. Plan Your Study

Include:

- Hypothesis (your prediction)
- Method (experiment, questionnaire, observation)
- Variables (IV and DV if appropriate)
- Participants (who will take part?)

3. Collect Your Data

- Test at least 5 people
- Record your results clearly

4. Present Your Results

- Create a bar chart or graph
- Describe what your results show

5. Evaluate Your Study

- Explain: the Strengths, Limitations and Ethical issue

6. How to Present Your Work - You can choose one of the following:

- Written report
- PowerPoint slides
- Poster
- Video or podcast

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