



Year 9 Curriculum

Term	Focus	Topics Covered
1	Induction/ Managing Risk	Induction Study Skills Peer Influence and Relationships Subcultures/Gangs Knife Crime
2	Respectful Relationships	Family Diversity Families and Conflict Controlling Emotions
3	Setting Goals	Setting Goals Strengths and Values Overcoming Obstacles
4	Mental Health and Wellbeing	Sleep and Mental Health Body Image and Social Media Healthy Eating Stress Management
5	Navigating Online Harms	Digital Deception Understanding Deepfakes Tackling Deepfakes Thinking critically about misogyny
6	Careers and Future Choices	Exploring work choices Work patterns and workplaces Managing pressure and seeking support Preparation for KS4