



AFRICAN ADVENTURES

Glossopdale KENYA 2026



africanadventures.co.uk

Preparing for your trip

- ✦ Visit your GP/travel nurse - Vaccinations
- ✦ Applying for your ETA
- ✦ Check name and passport details on My AA - if these are incorrect you may not be able to travel
- ✦ Ensure My AA has dietary requirements – flights/hotels



Currency & Spending Money

🌍 Local currency – Kenyan Shilling (open)

🌍 Exchanging and withdrawing money
How much to take - £10-15pp, per day

🌍 Cash vs Card



Packing & Kit list

🌍 Your luggage allowance – 2 x 23kg

Don't forget:

🌍 Malaria tablets and medication

🌍 Passport

🌍 Towel

🌍 Sun cream and insect repellent

🌍 Pop-up mosquito net (optional)

🌍 Overnight/weekend bag



Carry-On & Personal Item Allowance

Cabin Baggage

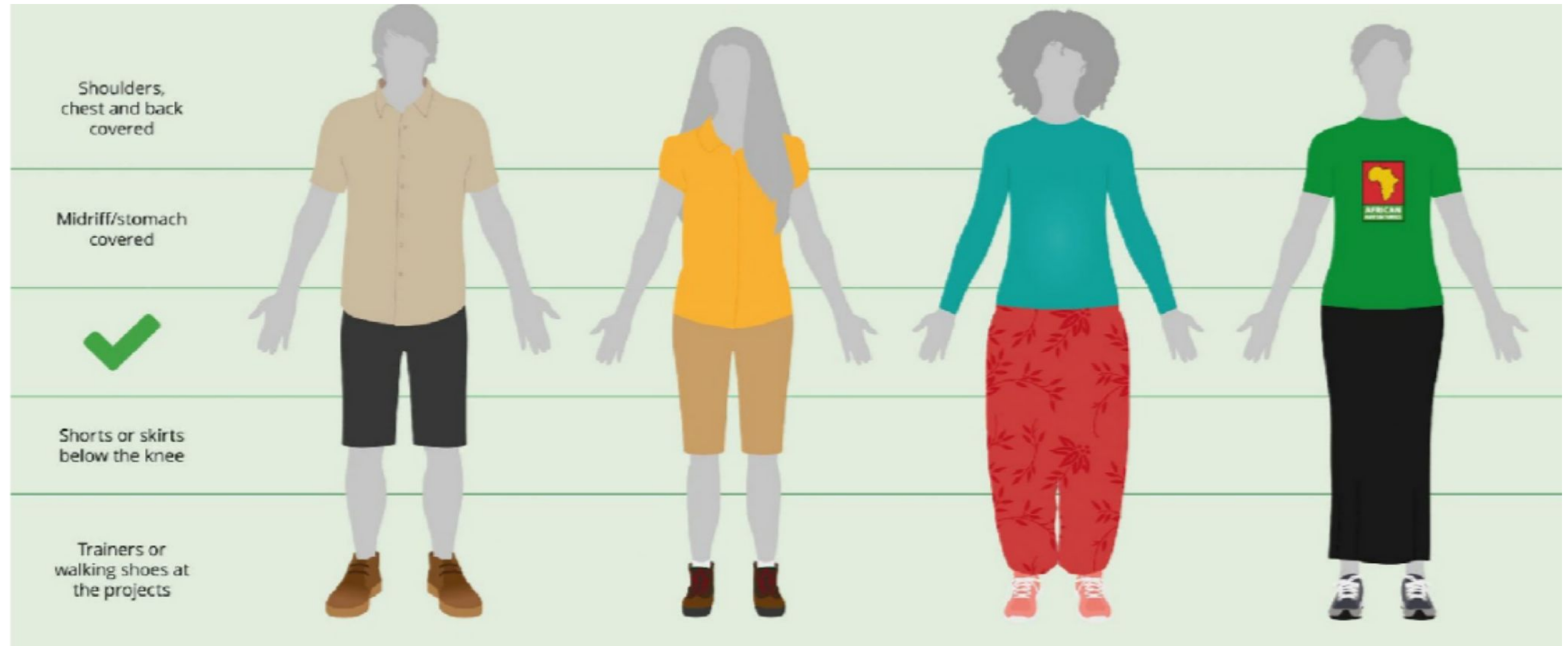
-  **1 piece** up to **7 kg** (maximum dimensions: **50 x 37 x 25 cm**)
-  Malaria tablets, any medication
-  Passport + ETA

Allowed Extras (For All Passengers)

In addition to your main cabin bag, Qatar Airways permits you to bring **one personal item** free of charge. This includes:

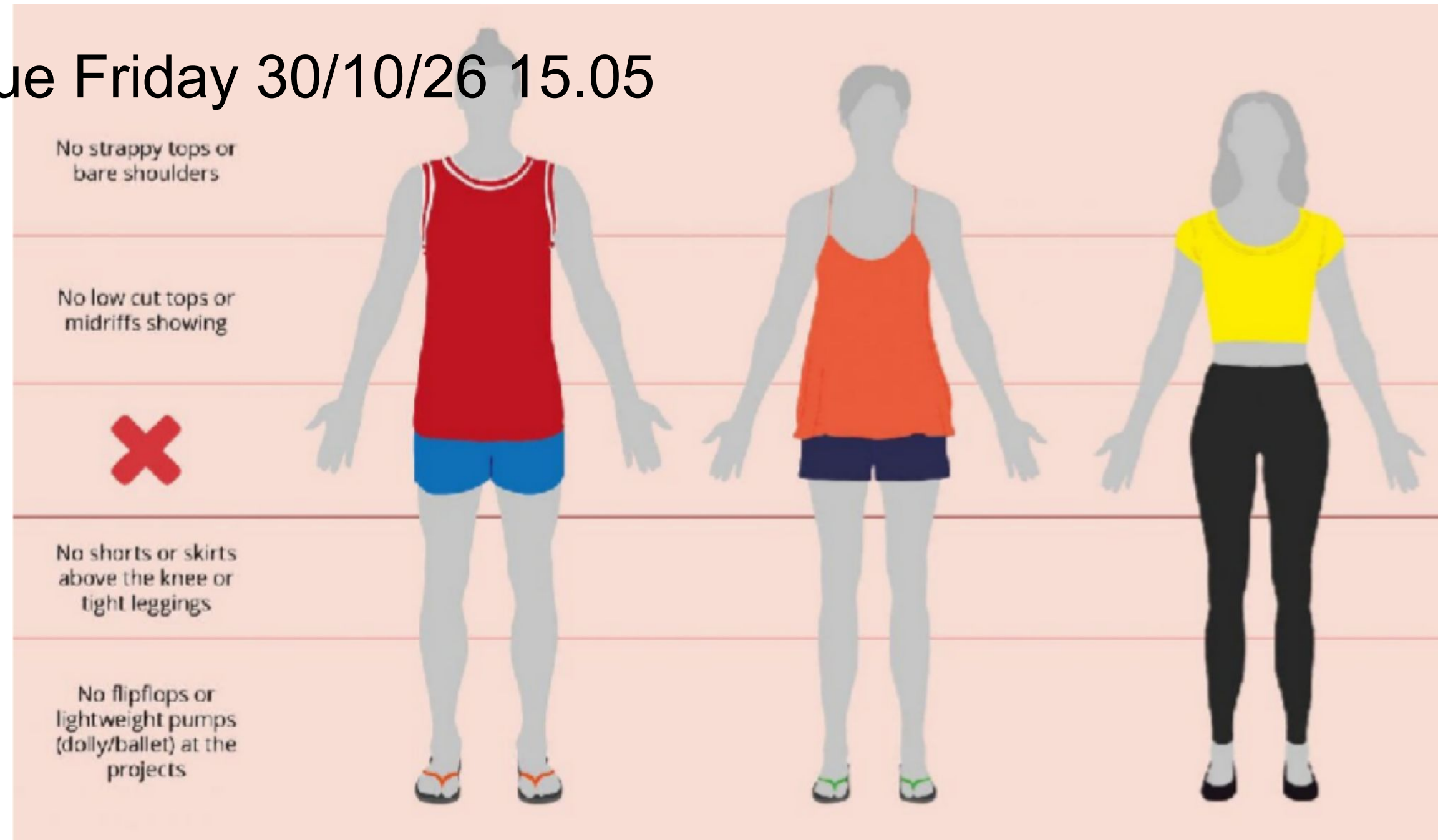
-  A small handbag, pocketbook, or small briefcase
-  A laptop bag
-  A small camera bag

Dress code



Dress code

Return flight due Friday 30/10/26 15.05



Our Flights

AIRLINE	DEPARTURE	ARRIVAL
Qatar (QR22) 2 × 23kgs	Manchester (MAN) 23 October 2026 08:05 • Terminal 2	Hamad International (Doha) 23 October 2026 16:55 • Main Terminal

- ❑ Meet at Terminal 2 Departures at 04.30
- ❑ Fast drop-off (£5) Parents must unload bags quickly here; cars cannot be left unattended.
- ❑ T2 Multi-storey Car-parks are directly across the road from the terminal building
- ❑ Meet in front of the massive, glowing DEPARTURES sign



Our flights

AIRLINE	DEPARTURE	ARRIVAL
Qatar (QR22) 2 × 23kgs	Manchester (MAN) 23 October 2026 08:05 • Terminal 2	Hamad International (Doha) 23 October 2026 16:55 • Main Terminal
Qatar (QR1341) 2 × 23kgs	Hamad International (Doha) 23 October 2026 18:45 • Main Terminal	Jomo Kenyatta International (NBO) 23 October 2026 23:50 • Terminal 1A
Qatar (QR1346) 2 × 23kgs	Jomo Kenyatta International (NBO) 30 October 2026 08:45 • Terminal 1C	Hamad International (Doha) 30 October 2026 13:55 • Main Terminal
Qatar (QR23) 2 × 23kgs	Hamad International (Doha) 30 October 2026 15:05 • Main Terminal	Manchester (MAN) 30 October 2026 19:40 • Terminal 2

- Return flight due Friday 30/10/26 19.40
- QR23

Karibu Kenya

- 🌍 We're based in Nakuru, Kenya's fourth largest city
- 🌍 Growing middle class but obvious gap between rich and poor
- 🌍 Schools are located in the slums/inner-city areas
- 🌍 Main languages - Swahili and English



Our host team

- 🌍 Your Trip Hosts – Samuel, Austin, Esther and Mercy
- 🌍 With you from start to finish
Any questions or concerns
- 🌍 24/7 support



Your Itinerary

23 rd October	Arrival into Nairobi (late arrival) no access to suitcases tonight – pack for an overnight stay in your hand luggage
24 th October	Transit to Nakuru, inc comfort break, mall stop for lunch (not included) and Great Rift valley Viewpoint
25 th October	Rift Valley Adventure Day
26 th and 27 th October	Volunteering days
28 th October	Transit day to Nairobi inc mall stop for lunch, comfort break and giraffe centre visit
29 th October	Nairobi Wildlife Day
30 th October	Departure day – early morning flight



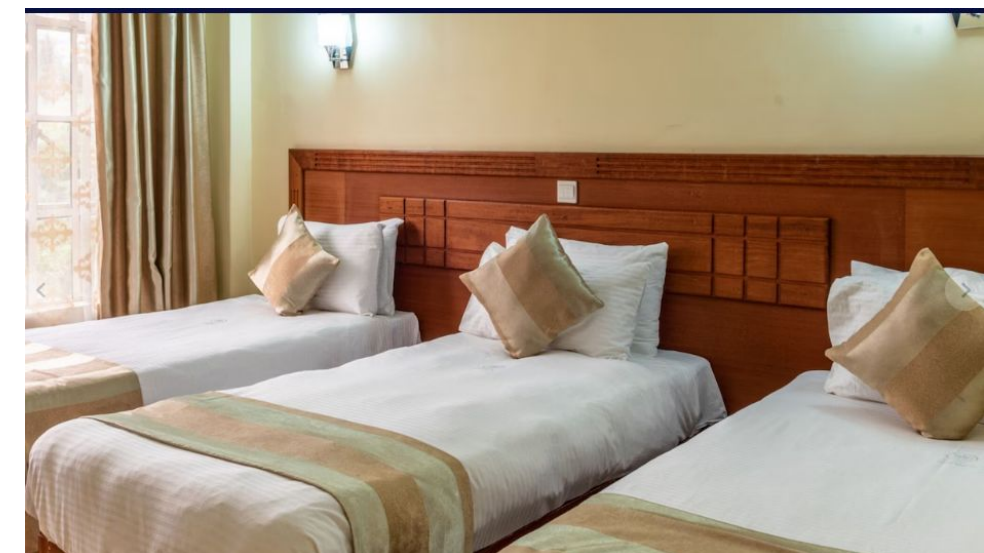
Corat Africa Hotel - Nairobi

- 🌍 Shared en-suite rooms (2-3 volunteers)
- 🌍 Wi-Fi, running water and electricity
- 🌍 On-site reception and plenty of social space



Royal Green Gardens Resort - Nakuru

- 🌿 Shared en-suite rooms (2-3 volunteers)
- 🌿 Wi-Fi, running water and electricity
- 🌿 On-site reception and plenty of social space



Food & Drink

- ✦ Typical breakfast: eggs, sausages, toast, fruit, mandazi
- ✦ Lunch: vegetable stew with chapattis
- ✦ Typical dinner: beef stew with rice, fruit for dessert
- ✦ Bottled water & other drinks
- ✦ All dietary requirements and allergies must be advised in advance



ESIMs

- 🌍 Stay connected whilst volunteering with an esim
- 🌍 We've partnered with Airalo, where 10% of their sales from our volunteers will be donated to our foundation.

airalo.pxf.io/AfricanAdventures





Your Project Work

Mrs James + Mr Taylor - Greentech Academy – Painting of 1 classroom

Mrs Smith + Mr Renshaw + 3 from STA Grp - West End Destiny – Painting of 1 classroom

Mr Clark - Andy Star Academy – Making 3 tables and 3 chairs and painting of chairs and tables

Miss Hunt - Love G – Painting

Andy Star academy – Mr Clark

- 32 students
- Ages 3-6 years
3 classrooms
- Located in Nakuru



Greentech Academy – Mrs James + Mr Taylor

- 🌍 36 students
- 🌍 Ages 3-5 years
2 classrooms
- 🌍 Located in Nakuru



Love G School – Miss Hunt

- 42 students
- Ages 3-7 years
2 classrooms
- Located in Nakuru



West End Destiny Academy – Mrs Smith + Mr Renshaw

- 🌍 235 students
- 🌍 Ages 4-12 years
6 classrooms
- 🌍 Located in Nakuru



- On volunteer days in school bring a small bag/backpack
- Hand sanitiser
- Toilet roll
- Disposable sanitary bags



A typical volunteer day

- 07:30am Breakfast at the hotel
- 09:00am Arrive at project and start volunteer work
- 11:00am Morning break
- 11:30am Volunteer work continues
- 12:30pm Lunch break
- 1:30pm Volunteer work continues
- 3:30pm Return to accommodation
- 6:30pm Dinner
- 7:30pm Down time and preparation



Good practice at schools

- 🌍 Remember you are a role model
Avoid having 'favourites'
- 🌍 Don't make promises
- 🌍 Don't take children out of
classroom without permission
- 🌍 Report safeguarding incidents





Beyond Volunteering

Rift valley Adventure Day

- 🦒 Safari drive through Lake Nakuru National Park
- 🦒 Visit Menengai Crater
- 🦒 Passport required to enter the park



Nairobi Wildlife Day

- 🌍 Spend an hour visiting during feeding time
- 🌍 Learn about the elephant rescue and rehabilitation programme
- Game drive in Nairobi national park
- 🌍 Passport required to enter the park



Also included

- 🦒 Visit the giraffe centre in Nairobi
- and feed them!
- 🦒 Stop off at the famous Rift Valley viewpoint



share your adventure

Don't forget to tag us!



- 🌍 You have permission to take photos at our partner schools
- 🌍 Seek consent from your Group Leader to post photos of other volunteers



Donations

Please note: our guidance has recently changed around taking donations into Kenya.

The Kenyan Customs Authorities are taxing for second hand or brand-new items that are brought into the country – usually \$100USD per suitcase.

This is unfortunately, not something we can control, and can cause long delays at the airport.

Therefore, African Adventures now advise to not bring donations with you to Kenya.

You will have the opportunity to purchase items in country for the school should you wish. This can also be arranged through African Adventures Foundation.



how you can help

- 🌍 Plastic bags ban
- Bring home your plastics
- 🌍 Water filter bottles
- 🌍

