



**Year 10 Curriculum**

<b>Term</b>	<b>Focus</b>	<b>Topics Covered</b>
1	Induction/Mental Health and Wellbeing	New challenges starting in KS4 Reframing Negative Feelings Recognising mental ill health Change, Loss, Grief Promoting emotional well-being
2	Managing Influence	Positive and Negative Role Models The media's perception of gang culture The impact of drugs and alcohol Substance use and keeping safe Managing peer influences
3	Relationships	Managing Relationships Pressure, persuasion and coercion What does a healthy relationship look like? Building trust and respect
4 + 5	Mock/Preparation  Addressing Extremism and Discrimination	Valuing Diversity Understanding and Preventing Extremism How are people drawn into extremist groups Free Speech and Hatred Online Safety and Extremism Far Right Ideology
6	Study, Work and Careers	Identifying career preferences Navigating the careers landscape Mapping a career path Making a good impression Preparing for working life