



Year 7 Curriculum

Term	Focus	Topics Covered
1	Emotional Wellbeing - Managing Transition and Change	Transition to secondary school Thrive Values Study Skills Social Media use and school
2	Making Healthy Decisions	Belonging Study Skills Diet Sleep Hygiene
3	Friendship and Bullying	Study Skills Friendship Diversity Prejudice and Discrimination
4	Friendship and Bullying	Bullying Online Bullying Tackling Bullying
5	Financial Decision Making	Making financial decisions Getting a job Being a critical consumer Inflation
6	Families and Changing Relationships	Understanding changing relationships Roles within the family Managing loss and grief Families and the Law